

# Cushing's Syndrome

Owner Logbook



## Owner logbook

This logbook provides a simple and easy way to record how your dog is progressing with Vetoryl treatment. Through effective treatment it is possible to improve your dog's quality-of-life, restore their health and reduce the risk of your dog developing other conditions.

**Over time, you can expect to see improvements in your dog's clinical signs of Cushing's**

It is important to keep track of these changes to help your vet assess your dog's response to treatment. There are four main clinical signs to monitor:

### **Drinking and urination**

- Cushing's commonly makes dogs drink more water and urinate more

### **Appetite**

- The excess steroids produced by Cushing's syndrome make dogs really hungry

### **Appearance**

- Hair: Some dogs with Cushing's will lose their hair or it will become dry and brittle
- Skin: Cushing's dogs often have dry and flaky skin that might appear thin and tight
- Pot belly: Your dog may look to have a rounded appearance around their waist

### **Attitude / activity**

- Cushing's can cause weakness and lethargy. After starting treatment, your dog will start to become more themselves again and back to doing what they enjoy



# Cushing's Clinical Score

These are the important clinical signs to monitor in a dog with Cushing's syndrome. This logbook will help you keep a track record of your dog's Cushing's Clinical Score. It is important that you provide your vet with the following information each time you visit:



### Drinking and urination

- 0 = Drinks and urinates a normal amount
- 1 = Possibly drinks and urinates more than is normal
- 2 = Noticeably drinks and urinates more than is normal
- 3 = Constantly drinks and urinates



### Appetite

- 0 = Eats a normal amount
- 1 = Finishes food more eagerly
- 2 = Finishes food more eagerly then begs for more
- 3 = More obsessed with food than ever



### Appearance

- 0 = Appearance is normal
- 1 = Slightly poor hair and skin quality
- 2 = Poor hair and skin quality and/or a slight pot belly
- 3 = Substantial hair loss and/or a noticeable pot belly



### Attitude/Activity

- 0 = Activity and attitude is the same as normal
- 1 = Not quite themselves
- 2 = Not themselves and/or panting at rest
- 3 = Not at all themselves, weak and/or constantly panting

More information on the Cushing's Clinical Score is available at [www.canine-cushings.co.uk](http://www.canine-cushings.co.uk)

Date	Vetoryl Dose	Times Daily	Cushing's Clinical Score				Other signs (e.g. vomiting, diarrhoea, off food)
			Drinking/ Urination	Appetite	Appearance	Attitude/ Activity	



**Top Tip: Always give Vetoryl with food to ensure it works as effectively as possible.**

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**Did you know?** You shouldn't split Vetoryl capsules.



**Top Tip:** Make a note of the **TIME** of day your dog's symptoms are at their worst. Does your dog urinate more at night than during the day? Discuss this with your vet.

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Did you know? There are a number of serious conditions that can occur as a result of Cushing's such as diabetes, pancreatitis and high blood pressure. Therefore it is important for your vet to see you and your dog for regular check-ups.



You can view information on the endocrine support diet at: [www.specific-diets.co.uk/dog/endocrine-support](http://www.specific-diets.co.uk/dog/endocrine-support)

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**Did you know?** Once on Vetoryl, appetite, thirst and urination should return to normal quickly. Skin and coat changes can take 3-6 months to improve.



**Top Tip:** If your dog shows any signs of illness whilst receiving Vetoryl, such as vomiting, diarrhoea, lethargy or going off their food, stop treatment and call your vet.

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Did you know? You should not handle Veteryl if you are pregnant or trying to get pregnant.



For more information about Cushing's Syndrome visit: [www.canine-cushings.co.uk](http://www.canine-cushings.co.uk)



# Cushing's Quality of Life Questionnaire

	Never	Occasionally	Often	All the time
<b>CLINICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is excessively thirsty				
My dog urinates in the house				
My dog is excessively hungry				
My dog pants excessively				

	0	1	2	3
<b>DOG'S DEMEANOUR</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is depressed and quiet				
My dog has no energy				
My dog doesn't want to interact with other people/dogs				
My dog is reluctant to play with me				
My dog seems disorientated/confused				

	0	1	2	3
<b>PHYSICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I struggle with my dog's weight				
My dog's hair coat is in a poor condition				
My dog's skin appears to be uncomfortable (e.g. dry/tight)				
My dog appears to be in a poor physical condition (e.g. muscle loss/pot bellied)				
My dog struggles to walk very far				

	0	1	2	3
<b>OWNER IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I worry about the future health of my dog				
Mine and my dog's daily routine is disrupted				
I feel I am struggling to manage my dog's health				
I feel the bond between me and my dog is lacking				
I feel my dog's appearance attracts negative comments				

<b>DATE</b>		<b>TOTAL SCORE</b>	
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VETORYL: Vetoryl contains trilostane UK: POM-V IE: POM

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